

## CONSUMER & FAMILY STUDIES/DIETETICS DEPT

San Francisco State University

329 Burk Hall, 1600 Holloway Ave.

San Francisco, CA 94132-4161

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All students are required to establish a file in the Department office (BH 329) which should include: a) Advanced Standing Evaluation; b) Program of Study; c) Checklist for recording progress; d) **Past and up-to-date transcripts**  
See the Office Coordinator in BH 329.

### B.S. IN DIETETICS

(73 Units)

The B.S. in Dietetics is an accredited Didactic Program in Dietetics (DPD) and meets the 2002 Eligibility Requirements and Accreditation standards of The American Dietetic Association (ADA). The program provides competencies in the eight areas of dietetics (Communications, Physical & Biological Sciences, Social Sciences, Research, Food, Nutrition, Management and Healthcare Systems) and meets ADA's foundation knowledge, skills, and competency requirements.

Dietetics majors should consult the designated DPD director/advisor for planning and evaluation of courses transferred from other institutions. Students should consult the course description in the current San Francisco State University Bulletin for prerequisites and corequisites.

All courses must be completed with a 2.0 grade point average and no grade below a C-. **All courses must be completed with a letter grade.** A 2.7 overall DPD GPA and a 3.0 GPA in the Professional Requirements portion of the program are required to receive a Verification Statement. Students will receive a Verification Statement, signed by the DPD Director, on completion of the degree and submission of an official transcript indicating that the degree has been awarded. The Verification Statement is then submitted as a part of the dietetic internship application process.

\*Note: To become a Registered Dietitian (R.D.) one must a) complete the B.S. in Dietetics, b) complete a Dietetic Internship, c) pass the R.D. exam.

Semester

Units

10 **A. GENERAL EDUCATION REQUIREMENTS**

BIOL 210/211 General Microbiology and Public Health and Laboratory (4)

MATH 124 Elementary Statistics (3) (prereq: satisfactory completion of ELM requirement)

PSY 200 General Psychology (3)

25 **B. FOUNDATION REQUIREMENTS**

BIOL 328 Human Anatomy with Lab (4) F, S (prereq: C or better in BIOL 210/211)

CHEM 115 General Chemistry I (5) F, S (prereq: 550+ on ELM test or C in MATH 70; and CHEM placement exam)

CHEM 130 General Organic Chemistry (3) F, S (prereq: C or better in CHEM 115)

DFM 253 Nutrition in Health and Disease (3) F, S (prereq: 1 semester chemistry or physiology)

DFM 259 The Profession of Dietetics (1) F (prereq: C or better in DFM 253)

DFM 352 Foods, Production & Service (3) F, S (prereq: ENG 214 or equivalent)

DFM 353 Foodservice Systems Management (3) F (prereq: C or better in DFM 253, 352; upper div. standing)

MGMT 405 Introduction to Management and Organizational Behavior (3) F, S (prereq: upper division standing)

35 **C. PROFESSIONAL REQUIREMENTS**

Enrollment in these courses requires a grade of C- or better in the General Education and Foundation Requirements.

BIOL 610/611 Principles of Human Physiology and Laboratory (4) F, S (prereq: BIOL 328, CHEM 101/115)

CFS 453 Nutrition in the Life Cycle (3) S (prereq: C or better in College-level nutrition, CFS/DFM 353)

CHEM 349 General Biochemistry (3) F, S (prereq: C or better in CHEM 115 and CHEM 130)

DFM 357 Experimental Food Study (4) F (prereq: C or better in MATH 124, CHEM 130, DFM 352)

DFM 450 Advanced Nutrition (3) S (prereq: C or better in BIOL 610/611, CHEM 349, DFM 253, MATH 124)

DFM 451 Nutritional Assessment in the Community (3) S (prereq: C or better in DFM 450 or concurrent)

DFM 458 Management of Quantity Food Purchasing & Production (3) F, S (prereq: C or better in DFM 352, 353)

DFM 484 Medical Nutrition Therapy I (3) F (prereq: C or better in DFM 253, CHEM 349, BIOL 610/611)

DFM 485 Medical Nutrition Therapy II (3) S (prereq: DFM 450 or concurrent, 484)

DFM 655 Nutrition Education and Communication (3) F (prereq: Foundation requirements, Senior standing, JEPET or ENG 411/414)

HM 560 Hospitality Human Resource Management (3) F, S (prereq: MGMT 405)

OR MGMT 610 Human Resource Management (3) F, S (prereq: consent of instructor)

3 **D. ELECTIVE**

One course to be chosen from one of the following interest areas listed on page 2.

73 Total

(over)

## RECOMMENDED ELECTIVES (3)

### FOODSERVICE SYSTEMS MANAGEMENT

ACCT 100 Principles of Financial Accounting (3) (prereq: passing ELM test)

HM 557 Restaurant & Catering Management (3) (prereq: DFM 352)

### CLINICAL NUTRITION/PATIENT CARE

BIOL 326 Disease! (3) (prereq: BIOL 100 or equivalent or consent of instructor)

NURS 500 Death and Dying in Contemporary Society (3)

### COMMUNITY DIETETICS

CFS 356 Foods and World Culture (3) (prereq: upper division standing)

CFS 426 Family Crises: Drug Dependency and Eating Disorders (3) (prereq: upper division standing)

HED 420 Epidemiology (3)

## **RECOMMENDED COURSE SEQUENCE**

### **FIRST YEAR**

### **SECOND YEAR**

<b>Fall</b>	units	<b>Spring</b>	units	<b>Fall</b>	units	<b>Spring</b>	units
MATH 124 *	3	BIOL 210/211*	4	CHEM 115	5	Elective	3
PSY 200 *	3					DFM 253	3
						DFM 352	3
						BIOL 328	4
<b>TOTAL CREDITS</b>	<b>6</b>		<b>4</b>	<b>TOTAL CREDITS</b>	<b>5</b>		<b>13</b>

### **THIRD YEAR**

### **FOURTH YEAR**

<b>Fall</b>	units	<b>Spring</b>	units	<b>Fall</b>	units	<b>Spring</b>	units
CHEM 130	3	CFS 453	3	DFM 357	4	DFM 450	3
BIOL 610/611	4	CHEM 349	3	DFM 484	3	DFM 451	3
DFM 259	1	DFM 458	3	DFM 655	3	DFM 485	3
DFM 353	3	MGMT 405	3			HM 560 or MGMT 610	3
<b>TOTAL CREDITS</b>	<b>11</b>		<b>12</b>	<b>TOTAL CREDITS</b>	<b>10</b>		<b>12</b>

This sequencing is only a recommendation; some classes are ONLY offered one semester per year and some classes require prerequisites. There may be some changes that occur in course offerings due to budget restraints. Please see your advisor every semester to review the plan. These courses include only Dietetics major requirements. Students are responsible for being aware of all graduation requirements and deadlines; consult the *SFSU Bulletin*.

\*General Education Requirements: 10; Total Units for Program: 73

## **CAREER OPPORTUNITIES**

<b>As a Registered Dietitian (R.D.)</b>	<b>With B.S. Degree without R.D.</b>
A. Hospital Dietitian 1. Inpatient/Outpatient Care 2. Management	A. Hospital Work – Dietary 1. Dietetic Technician (DTR)/ Diet Clerk 2. Foodservice Manager
B. Industry – Food Company 1. Research & Development 2. Public Relations & Sales	B. Industry – Food Company 1. Research & Development 2. Public Relations & Sales
C. Foodservice Systems Management 1. Restaurant/Hotel Management 2. Industrial Foodservice & Catering 3. School/Senior Lunch 4. College/University Foodservice & Catering 5. Community Programs	C. Foodservice Systems Management 1. Restaurant/Hotel Management 2. Industrial Feeding & Catering 3. School/Senior Lunch 4. College/University Feeding & Catering 5. Community Programs
D. Public Health/Community 1. Clinics 2. Cooperative Nutrition Education, 4H Programs 3. Food Assistance Programs; WIC, Food Stamps, Food Banks 4. Childcare & Senior Programs	D. Public Health/Community 1. Clinics 2. Cooperative Nutrition Education, 4H Programs 3. Food Assistance Programs; WIC, Food Stamps, Food Banks 4. Childcare & Senior Programs
E. Government 1. Nutrition Education in Schools 2. Military 3. Correctional Facilities	E. Government 1. Nutrition Education in Schools 2. Military 3. Correctional Facilities
F. Publications 1. Public – newspapers & magazines 2. Food Manufacturers, Business & Industry 3. Associations & Societies	F. Publications 4. Public – newspapers & magazines 5. Food Manufacturers, Business & Industry 6. Associations & Societies
G. Private Practice/Consultation 1. Private Practice counseling 2. Skilled nursing, developmental centers, group homes	G. Miscellaneous 1. Health Clubs/athletic training 2. Dietetic Technician, Registered (DTR) – after completion of internship 3. Certified Dietary Manager (CDM) – after passing exam

\*Salary potential and opportunities are greater with the R.D.