

B.A. IN FAMILY & CONSUMER SCIENCES
(45 units)

Semester Units

12	A	<u>CORE</u>	
		CFS 312	Families, Individuals, and Environments (3) (prereq: upper division standing)
		CFS 600	Professional Development (3) (prereq: CFS 312, senior standing, passing score on JEPET or ENG 411/414)
		<u>Choice of 6 units (two courses) from the following: (CFS Emphasis must include CFS 320 and CFS 325) (NFSM Emphasis must include CFS 355)</u>	
		ADM 360	Fashion, Clothing and Society (3) (prereq: upper division standing)
	GE	CFS 320	Children and Families (3) <i>p</i>
		CFS 325	Transitions in the Family Life Cycle (3)
	GE	CFS 355	Nutrition for Wellness (3) (prereq: upper division standing and consent of instructor) or
		DFM 253	Nutrition in Health and Disease (3) (prereq: one semester of chemistry or physiology)
		ID 340	Human Dimensions in Housing & Interiors (3) (prereq: upper division standing)

33 **Note: Select ONE of the B sections below according to choice of Subject Matter Emphasis**

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33	B	<u>CHILD AND FAMILY SCIENCES EMPHASIS (CFS)</u>	
		<i>Courses needed for the California Child Development Master Teacher & Site Supervisor Permits are marked with a "p"</i>	
	GE	CFS 321	Adolescence and Families (3)
		CFS 322	ECE Curriculum (Birth to Five) (3) (prereq: CFS 320) <i>p</i>
		CFS 323	Infant/Toddler Development (3) (prereq: upper division standing) <i>p</i>
		CFS 324	Administration of Infant/Toddler Programs (3) (prereq: ENG 114 and CFS 323) <i>p</i>
		CFS 420	Assessment & Observation with Children (3) (prereq: CFS 320) <i>p</i>
		CFS 423	Administration of Programs for Young Children (3) (prereq: CFS 320) <i>p</i>
		CFS 424	Supervised Experiences w/Young Children (3) (reservation req; prereq: CFS 322,423) <i>p</i>
	GE	CFS 426	Family Crisis, Drugs & Eating Disorders (3)
	GE	CFS 428	Children & Families with Violence, Abuse & Neglect (3) (prereq: upper division standing)
		CFS 430	Management Dynamics: Life Goals & Decisions (3) (prereq: upper division standing)

ELECTIVE (3): Any CFS/D Department course or other course upon approval of advisor

33	B	<u>NUTRITION/FOODSERVICE SYSTEMS MANAGEMENT EMPHASIS (NFSM)</u>	
	GE	CHEM 101/102	Survey of Chemistry/Laboratory (4) or
	GE	CHEM 109/110	Food Chemistry/Laboratory (4)
	GE	CFS 352	Foods, Production, and Service (3)
		CFS 353	Foodservice Systems Management (3) (prereq: upper division standing)
		CFS 430	Management Dynamics: Life Goals & Decisions (3) (prereq: upper division standing)
	GE	CFS 453	Nutrition in the Life Cycle (3) (prereq: college level course in nutrition)
		DFM 458	Management of Quantity Food Purchasing and Production (3) (prereq: CFS 352, 353)
		MGMT 405	Introduction to Management & Organizational Behavior (3) (prereq: upper division standing)
		MGMT 610	Human Resource Management (3) (prereq: C- or better in MGMT 405) or
		HM 560	Hospitality Human Resource Management (prereq: HM 100, 101, 102 or consent of instructor)

ELECTIVES (8): Any CFS/D Department courses or other courses upon approval of advisor

33 B GENERAL FAMILY AND CONSUMER SCIENCES/TEACHER PREPARATION EMPHASIS

Take nine additional units from section A (those NOT counted for the CORE) (9)

	ADM 260	Textiles (3)
	ADM 261	Apparel Construction (3)
GE	CFS 352	Foods, Production and Service (3)
	CFS 430	Management Dynamics: Life Goals & Decisions (3) (prereq: upper division standing)
GE	ID 240	Color and Design (3)

ELECTIVES (6-9): Any CFS/D Department courses or other courses upon approval of advisor
Credential Students: Additional Requirements include:

- HED 310 Health in Society (3)
- Pass CBEST exam and complete Red Cross Certificate, and Community First Aid & Safety Certificate

Recommended Sequence of Courses for Four-Semester Program

(Nine units of GE III must be incorporated in the junior and senior years in addition to the required courses below.)

Family & Consumer Sciences Major: Child and Family Sciences Recommended Sequence

(Required courses and chosen courses should total 45 units only)

First Semester	Unit	Offer	Second Semester	Unit	Offer	Third Semester	Unit	Offer	Fourth Semester	Unit	Offer
Fall			Spring			Fall			Spring		
CFS 312	3	F	CFS 322 p	3	S	CFS 321	3	F	CFS 323 p	3	S
CFS 320 p	3	F,S	CFS 420 p	3	S	CFS 600	3	F, S	CFS 324 p	3	S
CFS 325	3	F	CFS 428	3	S	CFS	3		CFS 423 p	3	S
CFS 426	3	F	CFS 430	3	S	Elective			CFS 424 p	3	F,S

("P") The Child and Family Sciences Emphasis is designed to meet the academic requirements for:

- 1) California Child Development Master Teacher Permit, and 2) California Child Development Site Supervisor Permit

Family & Consumer Sciences Major: Nutrition/Foodservice Management Recommended Sequence

First Semester	Unit	Offer	Second Semester	Unit	Offer	Third Semester	Unit	Offer	Fourth Semester	Unit	Offer
Fall			Spring			Fall			Spring		
CFS 312	3	F	CFS 353	3	F,S	DFM 458	3	F,S	CFS Core	3	F,S
CFS 352	3	F,S	CFS 430	3	S	CFS 355	3	F	CFS 600	3	F,S
Chem 101/109 or Chem 102/110	4	F,S	CFS Elective	3	S	CFS Elective	3		CFS 453	3	
		F,S	CFS Elective	3	F,S	MGMT 405	3		MGMT 610 or HM 560	3	S

Family & Consumer Sciences Major: General/Teacher Preparation Recommended Sequence

First Semester	Unit	Offer	Second Semester	Unit	Offer	Third Semester	Unit	Offer	Fourth Semester	Unit	Offer
Fall			Spring			Fall			Spring		
ADM 260	3	F	CFS 320	3	F,S	ADM 360	3	F	CFS 355	3	
ADM 261	3	F,S	CFS 325	3	F	ID 240	3	F,S	CFS 600	3	F,S
CFS 312	3	F	CFS 430	3	S	CFS Elective	3		HED 310*	3	F,S
CFS 352	3	F,S	CFS Elective	3	S				ID 340	3	S

*Teacher Preparation only (3 units of electives only)

Completion of the Red Cross Certificate*

Completion of the First Aid & Safety Certificate*

POSSIBLE EMPLOYMENT OPPORTUNITIES

A. Human Service Agencies

1. City, county & state resource & referral agencies
2. Legislative & advocate organizations
3. Administrative & leadership positions in organizations serving youth
4. Family & social service agencies serving children, youth & families
5. Provides academic background for graduate professional training for marriage & family counseling & social work.
6. Nonprofit & government agencies

B. Education

1. Teaching, administrative & supervisory positions in programs for infants & children
2. Provides academic background for Jr. & Sr. High School Credentials, & graduate study leading to college & university teaching
3. Food & nutrition education in schools, food assistant programs & correctional facilities
4. School & university foodservice

C. Health and Hospitality

1. Hospital, nursing home & assisted living dietary & foodservice
2. Hotels
3. Restaurants, cafeterias
4. Community Organizations
5. Diet clerk & dietetic technician
6. Health clubs

D. Business

1. Advertising, public relations, manufacturing, wholesaling & retailing outlets for infants, children, youth & food products
2. Publishing houses specializing in literature educational materials for children, youth, & families
3. Food industry and food processing companies
4. Newspapers, magazines, radio & television
5. Food and restaurant equipment Agencies
6. Athletic training